

**Influenza**

**COVID-19**

# Protect Yourself

Get your **Flu** and **COVID-19** vaccines at the same time!



Vaccines are a safe and effective way to protect yourself and your loved ones.

**Humboldt: St. Augustine Parish Hall**

**Tuesday, October 10**

**Monday, October 23**

**Tuesday, October 24**

**BOOK ONLINE AT [4FLU.CA](https://4flu.ca)  
OR CALL 1-833-727-5829**

